



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LET'S WORK TOGETHER

S.W.E.A.T. After School Fitness
MARION YMCA

Ages: K-8th grade

Where: Marion YMCA

What: This non-competitive class (Skip rope, Walk, Elliptical, ActivTrax, Total transformation) has a variety of activities just for kids to learn the basics of getting fit and having fun doing it!

Day and Time: Tue and Thu 4-5pm

Session: 10.5.10-11.18.10

Register by: 10.5.10

Cost: Member-\$20

Non-Member-\$40

LEAN Kids participants - FREE

Sign up today at the front desk!

